

# United Way crucial to Elderhaus, nonprofits

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The health-care debates highlight for people on all sides of the argument the high cost of health care, and one area where cost control and quality seem most at odds is long-term care. As an alternative to long-term care, adult day programs will play an important role well into the future.

Research shows people have higher quality of life when they maintain independence in the context of support systems, including family, friends and home. Adult day programs provide comprehensive services that allow independence, providing an alternative to long-term care for those who need services for chronic conditions but who do not need the level of care provided in long-term care facilities. Additionally, they provide these services for one-fourth the cost of long-term care.

For three decades, Elderhaus Adult Day Programs has offered quality care for Larimer County adults of all ages, allowing them to live at home while providing their caregivers much-needed respite. However, as a nonprofit, we rely on community support, and United Way of Larimer County is a vital component of that support.

As we anticipate the holiday season, I want to remind everyone how critical United Way of Larimer County is to our mission and that of countless other nonprofits in our community. All of us are experiencing fiscal cutbacks, but even though we operate on tight budgets, we continue to provide services to those who need us. Giving to United Way helps ensure that agencies like ours are here to provide services when needed.

Bill Moseley,

chair, board of directors,

Elderhaus Adult Day Programs